



COMMUNITY ACTION PROMISE

Community Action changes people’s lives, embodies the spirit of hope, improves communities and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Meet Lesley

We first met Lesley when she applied for JFCAC’s Head Start program. At that time, she and her oldest daughter were dealing with Post-Traumatic Stress Disorder (PTSD), as well as other symptoms of grief. Lesley’s husband had recently died, and she was not only dealing with her own grief but helping her daughters cope as well. On top of it, she couldn’t seek full-time employment, because she couldn’t afford the high price of child care. The lack of steady income and enriching work took a toll on Lesley’s self-esteem and outlook on life.

Head Start was able to provide Lesley with the affordable childcare she needed. She has since joined the Head Start Policy Council where she’s served as Chair and volunteers in the program, Lesley believes she has grown immensely, and she now runs her own small business. Lesley states “Head Start and Policy Council have given me a purpose. I now feel confident and I know I am doing something good with my time to help my own children and other families.”

JFCAC is a not-for-profit agency working to improve our communities by creating strong partnerships with those willing to help us address the causes and conditions of poverty in both Franklin and Jefferson Counties.

Although grants on both the state and federal level provide funding for programs, there are always additional needs.

Proceeds of this race will enable Jefferson Franklin Community Action Corporation (JFCAC) to provide additional funds to our programs including Head Start, Weatherization, Housing, Energy Assistance, Community Services and WIC. To help us serve those in need of these services and in order to strengthen and improve our entire community, we ask for your consideration in serving as a sponsor for this event.

For additional information, please visit our website at jfcac.org or join us on Facebook.

JFCAC
#2 Merchant Drive
P.O. Box 920
Hillsboro, MO 63050
636-789-2686

PAWS FOR OUR CAUSE

5K / 1 MILE RUN & WALK

SATURDAY,

APRIL 27, 2019



Chomsky Lee Thompson

UNION CITY PARK

308 WEST PARK

UNION, MO





PAWS FOR OUR CAUSE 5K / 1 Mile Run & Walk
Saturday, April 27, 2019 @ 9am
Union City Park, 308 West Park, Union, MO
1 Mile – Pets are Welcome!

Proceeds of this race will enable Jefferson Franklin Community Action Corporation (JFCAC) to provide additional funds to our programs including Head Start, Weatherization, Housing, Energy Assistance, Community Services and WIC.

Entry Fees

On or before 4/5/19

5K/1 Mile - \$25 per person
 Kids under 12 Any Race - \$10 per person
Participants registered prior to 4/5/19 are guaranteed a t-shirt.

After 4/5/19

5K/1 Mile - \$30 per person
 Kids under 12 Any Race - \$15 per person

Questions? Email jfcac5k@jfcac.org. In the event of inclement weather, please call 636-239-2113 the morning of the race. Only under extreme weather conditions (i.e., lightning) will the event be rescheduled. No refunds will be granted. Make checks payable to "JFCAC". Mail completed forms and payment to JFCAC 5K, @ 2 Merchant Drive, P.O. Box 920, Hillsboro, MO 63050.

Packet Pickup

Packets are available for pickup at St. Clair Office in St. Clair on Thursday, 4/25/19 from 3-6pm or on site race day from 8-9am.

Race Divisions

Awards will be presented to the top three male and female finishers in each division and best overall male and female finishers of the 5K race. All children 12 and under will receive a participation ribbon. Award ceremony follows race.

Registration is also available at JFCAC.ORG

Race entered 5K 1 Mile Male Female _____ Age as of 4/27/19

Last Name _____ First Name _____ E-Mail _____ Telephone Number () _____ - _____

Street Address, City, State, Zip _____

Adult T-Shirt Small Medium Large X-Large Youth Small Medium Large

WAIVER: I know that running or walking in a race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I also understand that individuals may bring dogs to this race. I know that I should not bring any animal to this event unless that animal is sufficiently trained that it will not frighten or harm people or other animals. I assume all risks associated with running/walking this event and the fact that animals will be present: I agree that if I bring an animal I am personally responsible for the behavior of that animal. Having read this waiver and knowing these facts and in consideration of your accepting my entry fee, I, for myself and everyone entitled to act on my behalf, waive and release Jefferson Franklin Community Action Corporation (JFCAC) and all sponsors and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event. In addition, I indemnify and hold JFCAC harmless from any claims made by any persons for my behavior or that any animal I bring to this event.

 Signature (Parent/Guardian Signature if under 18)

 Date